

We pray for those who have asked for

our prayers: Marilyn Evans, John Benée, Christine Minnis, Joan Wright, Lesley and George Watkin, Sylvia Harris, Virginia Por, Jean Robinson, Mavis Edwards, Peter Gordon, Brenda Bebbington, Lillian Clarke, Becky-Leigh Jode, Jill McCarthy, Tom Smart, Julie Stainer, Anita Gentry, Terry and Carole Wall, Dave Imbert, Betty Marshall, Kay McKinnon, Irene Goodrum

We continue to hold in our thoughts and

prayers: Queen's Hospital, King George's Hospital, The Willows, Barleycroft, NHS Support Staff, Nurses, Doctors, Medical Researchers, Ambulance Crews, Politicians, Metropolitan Police, Schools & all front-line workers

- www.chelmsfordcathedral.org.uk/church-at-home
- www.churchofengland.org
- www.nhs.uk/conditions/coronavirus-covid-19/
- www.CofE.io/ChurchOnline
- www.havering.gov.uk
- www.veganuary.com
- <http://www.standrewsromford.org.uk/fund-raising/>

The Daily Hope Line 0800 804 8044 (free to call) offers music, prayers and reflections as well as full worship services from the Church of England. It is available 24 hours a day and has been set up particularly with those unable to join online church services during the period of restrictions in mind.

Shout is for anyone in crisis anytime, anywhere. It's a place to go if you're struggling to cope and you need immediate help. Text: 85258 (free to text)

Samaritans provides confidential, non-judgemental emotional support for people experiencing feelings of distress or despair, including those that could lead to suicide. Telephone: 116 123 (free to call)

Lent One

The readings this morning have the theme of water and baptism beginning with the story of Noah (Genesis 9.8 – 17); an expansion of water and baptism found in the first letter of Peter; and finally, the story of Jesus' baptism according to Mark. Easter Sunday is a traditional day for baptism, as well as admission to Holy Communion. The season of Lent is used to prepare for admission to both sacraments.

Water of Life – Stephen Dean

Chorus: *Water of Life, cleanse and refresh us:
Raise us to life in Christ Jesus.*

All you who thirst come to the waters
And you will never be thirsty again

Chorus

As rain from heav'n, so is God's word,
Waters the earth and brings forth life.

Chorus

Dying with Christ, we shall rise with Him
Death shall have no more pow'r over us.

Chorus

Turn to the Lord, cast off your wickedness
You will find peace in his fatherly love.

Chorus

DEAN, Stephen. b. Horsham, Sussex, 5 May 1948. He was choirmaster at the English College in Rome during the late 1960s, and subsequently went to live in Barcelona in the mid-1970s before returning to England. He worked with Fr. Harold Winstone at the St Thomas More Centre for Pastoral Liturgy in North London as liturgist (1969-73 and 1986-91). He was Director of Music at Arundel Cathedral (1979-85), and is Diocesan Music advisor for East Anglia (1991-). Dean is one of the founder members of the St Thomas More Group, and was later to become the representative for the group with Oregon Catholic Press.

"Stephen Dean." *The Canterbury Dictionary of Hymnology*. Canterbury Press. Web. 2 Feb. 2021. <http://www.hymnology.co.uk/s/stephen-dean>.

Priest-in-charge: Revd Lara Ellen Dose

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